

EFT Tapping Success

Accredited Practitioner Certification Course

Your Path to Certification

Upon completing Level 2 EFT training, you are eligible to begin the Certification and Assessment process towards EFT practitioner accreditation through AAMET International (www.aametinternational.org). As you consider moving towards certification, this document will give you an idea of the structure and time-line.

As a Master Practitioner and Trainer, I have been coaching with and teaching EFT for over 10 years and offer a wealth of knowledge and experiences to share with you. Knowing that you bring your own wisdom and life experiences, this is a collaborative process, designed to build your expertise and confidence as an EFT practitioner.

Introductory Call

The introductory call is designed to discuss your goals and expectations for certification. Once we decide on a plan, you make your first installment payment and we set up the initial recorded session. This session is an online Zoom call with you performing EFT with your volunteer client who has consented to being videoed. The session will be 45 to 60 minutes. This allows me to observe your skills in action to determine where to start in terms of your approach.

Ongoing Mentor/Supervisor sessions can be in person, telephone or Skype.

AAMET Student Membership and Online Exam

I suggest you join AAMET International immediately and begin to use the resources on the website. You can download the AAMET Glossary of Terms and other documents to help you prepare. After your second mentor session and exam preparation, you will be asked to write the multiple choice exam designed to test your knowledge of Level 1 & 2 foundational skills and concepts. This is an open book exam. You have three chances to pass (80% or better). We will go over your answers during our next mentor call.

50 EFT Sessions

You are required to undertake and document 50 sessions (or practice hours) with at least 20 separate clients. Each session must be a minimum of 45 minutes in length. You are responsible for keeping a written record of names, dates, and number of sessions. You do not need to submit your records but will be asked about specific challenges you encountered. Up to 5 of these can be self-administered EFT sessions – also at least 45 minutes in length. These sessions ensure you are getting a range of experience with different people and issues.

4 Case Studies

A case study is a write-up (or recording), in your words, of how an EFT session unfolded, as well as a discussion of your experience. You will be provided the AAMET Case Study Guidance Manual on how to approach writing up case studies. The different types of case studies required are outlined below.

One Audio or Video Session & Case Study: This is a recording of a full session with an individual who has given permission to have the session recorded and shared with me. Accompanying the recording will be your case study (as per the guidelines). We will discuss the session following the submission and my review.

Two Client Case Studies: A complete write-up of two multiple-session case studies that highlight your understanding of EFT, especially how you balance meeting people where they are with managing the EFT process. Your write-up should include what transpired during the sessions, outcomes, what steps you took during the process and why you made them.

One Personal Case Study: AAMET requires that you document and share your own process with a complex personal issue – how you approached it, what happened, and ultimately how it relates to foundational EFT skills. This case study is about your willingness to address your own issues so that you can be fully present to yourself and your clients. Guidelines are provided in the AAMET Case Study Guidance Manual.

Time-Line

The certification process is typically a three to six month timeframe. Plan to finish your online exam, 50 sessions, case studies and recording requirements within three to six months of initiating the certification process. You may elect to pause the certification/mentoring process at any time but note that resuming it again after 6 months may require a new agreement and may incur additional training and/or expense.



Ongoing Requirements

It is strongly suggested that you continue your personal education through reading, EFT related courses, performing EFT on yourself and working with an “EFT buddy”. You can connect with other EFT students and practitioners through the AAMET website to trade sessions.

Visit additional EFT websites including www.emofree.com, www.EFTuniverse.com and www.energypsych.org to “immerse yourself” in the world of EFT. This will not only aid your EFT understanding and skills, it will go a long way to making you a knowledgeable and effective practitioner.

To maintain AAMET Accredited Certified EFT Practitioner status, members must fulfill annual CPD and supervisory requirements. Continuous Professional Development (CPD) is 30 hours of EFT-related study (videos, workshops, books, audio presentations, conferences, etc). Supervision/Mentoring is 6 hours each year (individual or group of 8 or less), in person or online with an AAMET Master Trainer/Supervising Mentor.

Certification Course Fee

EFT Supervision & Mentoring requires several hours on the part of the Supervisor/Mentor to evaluate and discuss all aspects of your knowledge and skill. The cost reflects the time it takes supervise each Candidate, thoroughly listen to recordings, evaluate case studies, prep you for and review the exam and to provide meaningful and relevant feedback.

The Certification Course fee is \$1500.00 + GST payable in three installments of \$500 + GST

- ▶ 1st Payment due at first mentor call when you submit your first recording of an EFT session
- ▶ 2nd payment due at third mentor call (submission of first case study) following completion of online exam
- ▶ 3rd payment due at 5th mentor call (submission of final case study)

Payments can be by PayPal (online), e-transfer or cheque.

AAMET Fees

AAMET student membership: 15 £ (\$24 CDN)

Online exam: 10 £ (\$18 CDN)

AAMET practitioner membership 30 £ (\$53 CDN)
(upgrade after completion of certification requirements)



I look forward to working with you and appreciate the opportunity to support you in achieving your goals as an Accredited Certified EFT practitioner.

Marlene